

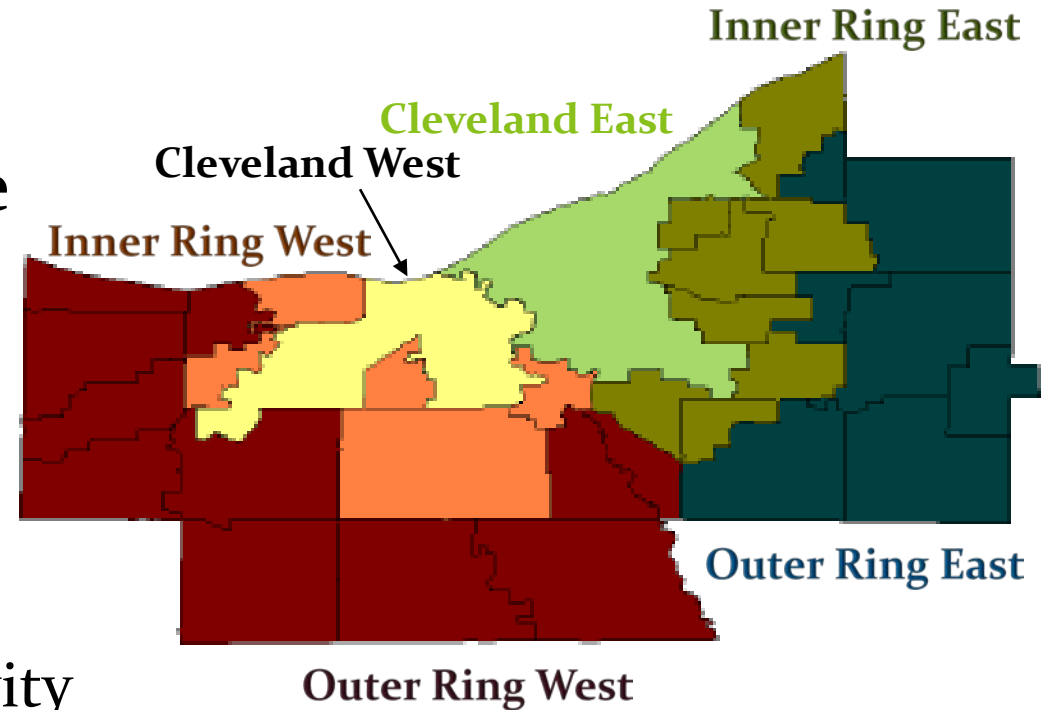


Cuyahoga County Youth Risk Behavior Survey Project

Jean L. Frank, MPH

Cuyahoga County Youth Risk Behavior Survey

- Patterned after CDC YRBS
- Guided by YRBS Advisory Committee
- Categories of risk:
 - Personal safety and violence
 - Alcohol, tobacco and other drug use
 - Depressive symptoms and suicide
 - Dietary behavior, weight, and physical activity
 - Sexual behaviors
 - Protective factors

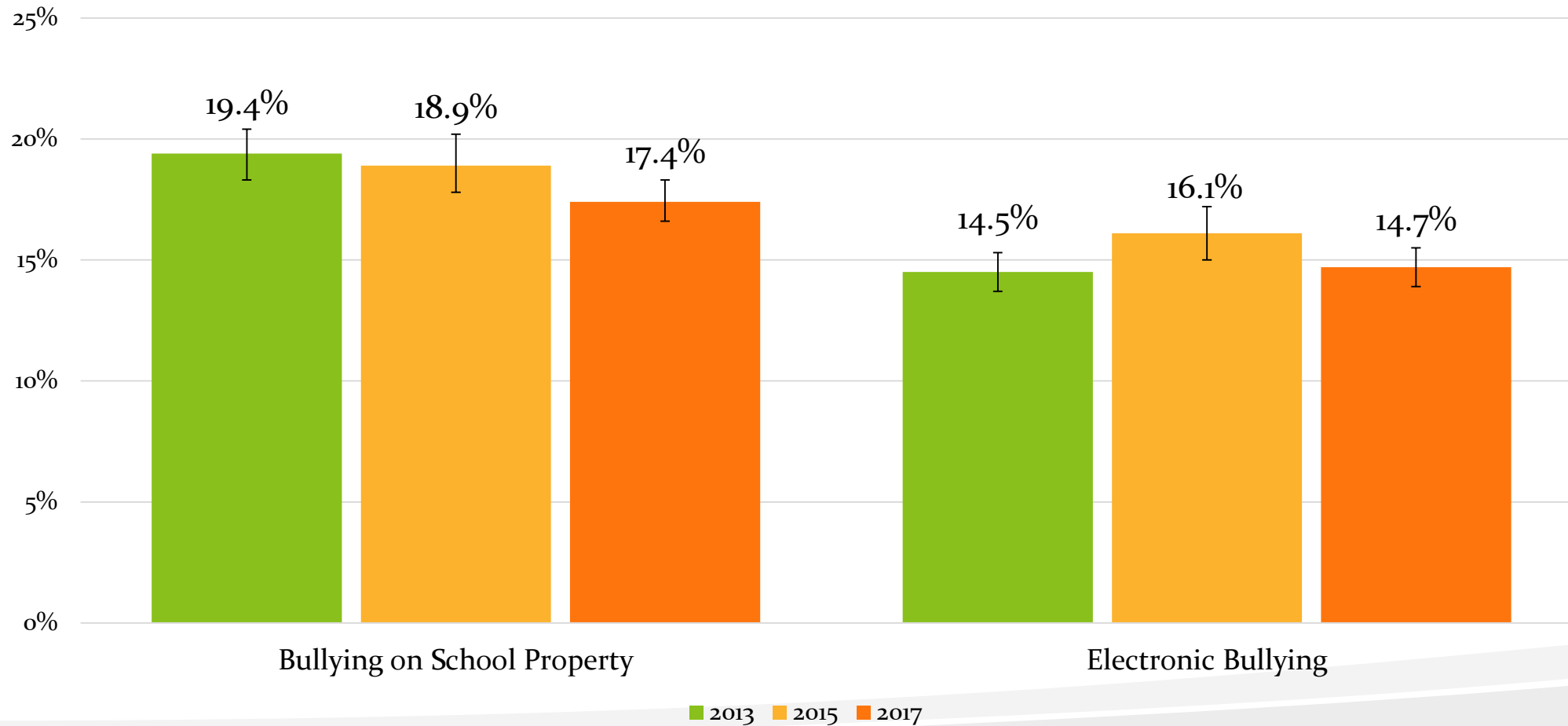




Sample Sizes

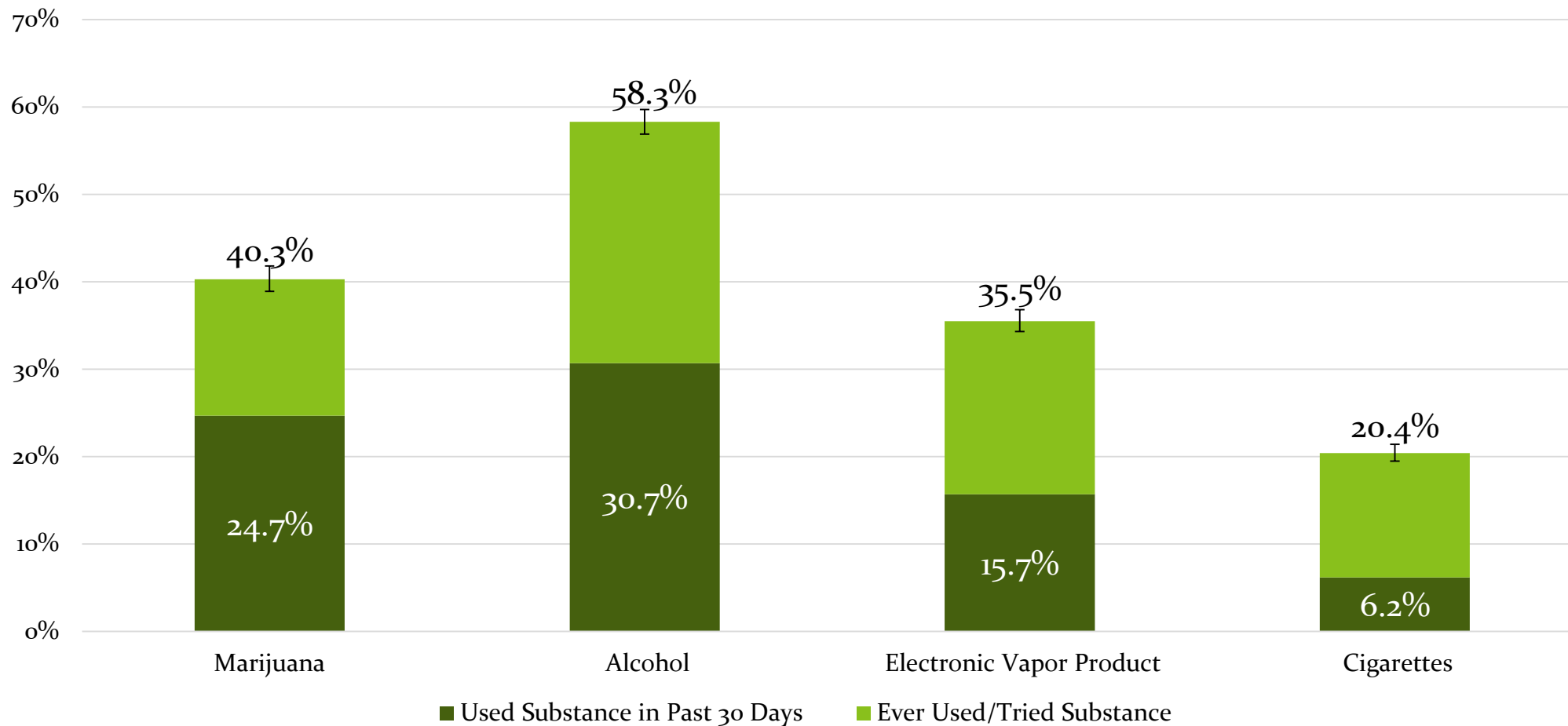
	7 th & 8 th Grades	9 th – 12 th Grades	Useable Surveys
2012	89 Schools		12,341 surveys
2013		43 Schools	16,855 surveys
2014	97 Schools		12,607 surveys
2015		45 Schools	11,856 surveys
2016	95 Schools		13,261 surveys
2017		45 Schools	13,907 surveys

Bullying – High School



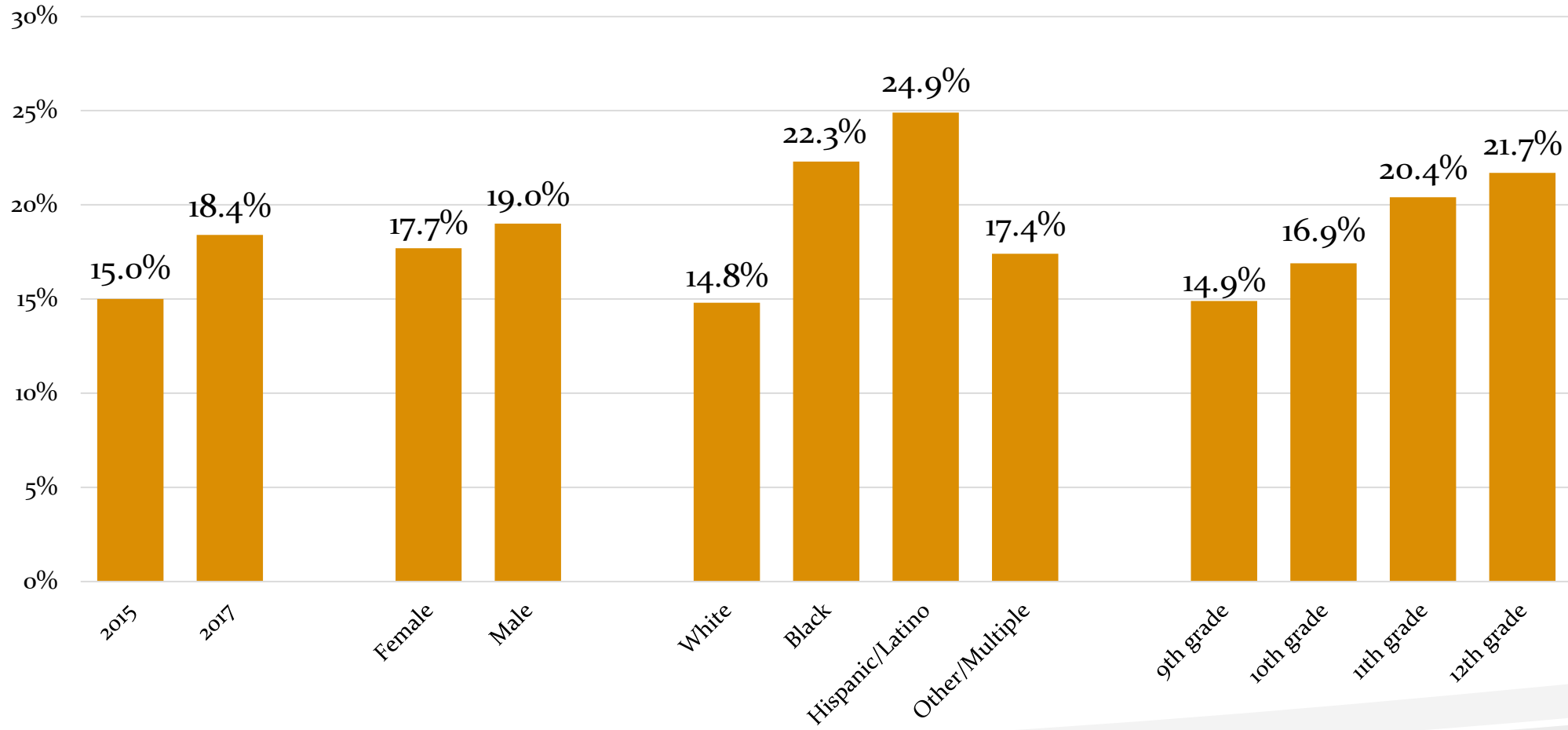


Current Substance Use of Ever Use – HS





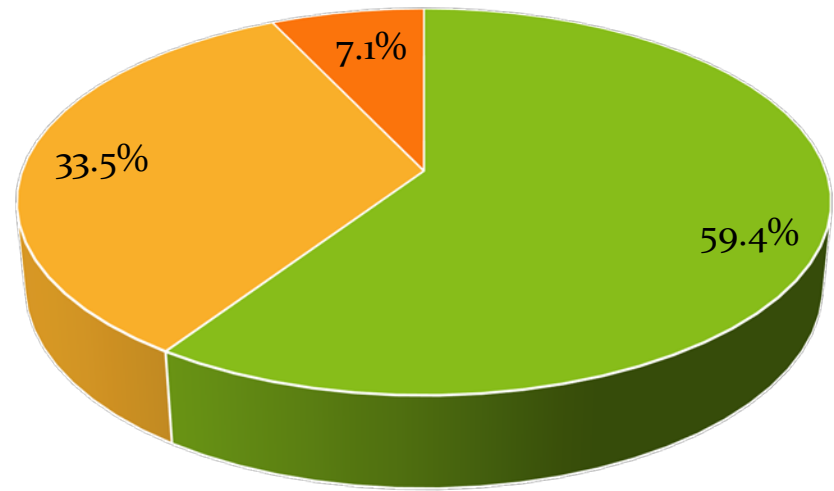
Hunger in Past 30 Days





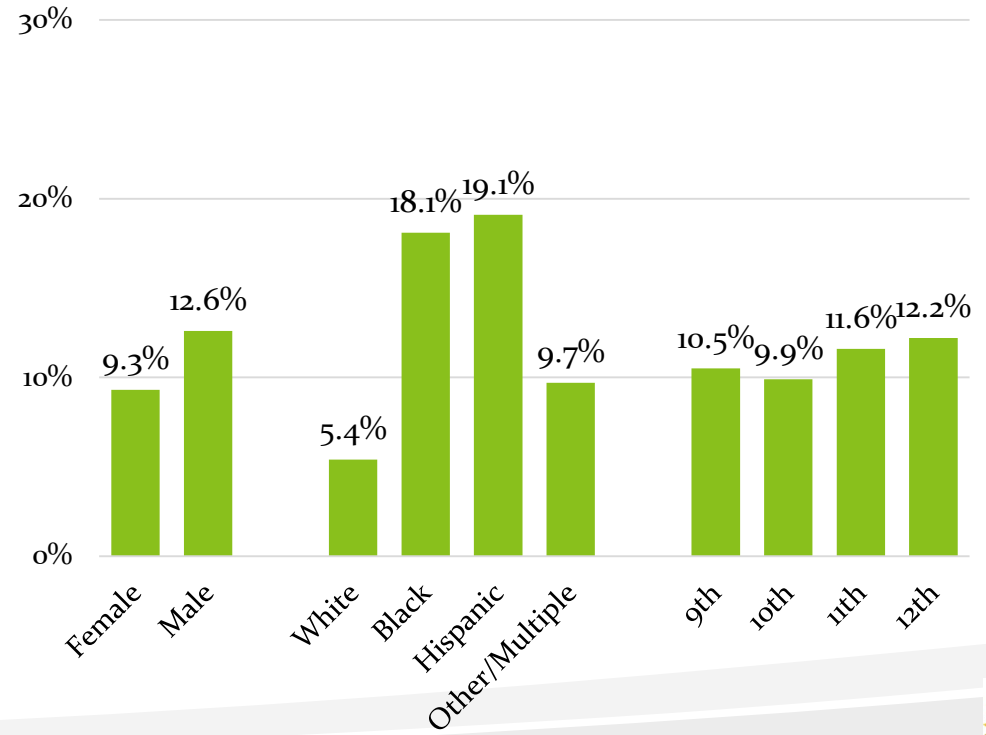
Information from YRBS – High School

Who do you live with?



■ 2 parents ■ 1 parent ■ Someone else

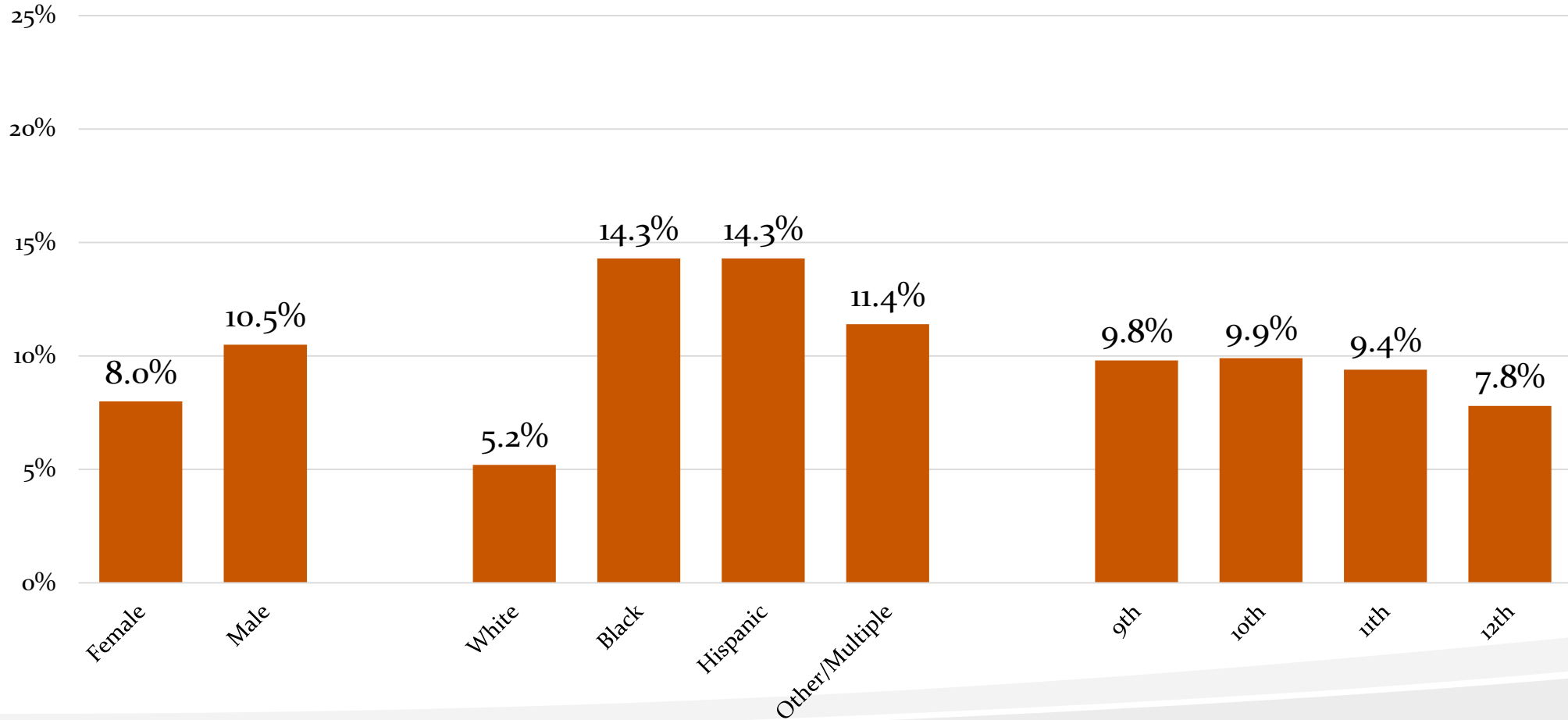
Rarely/Never feel safe and secure in the neighborhood





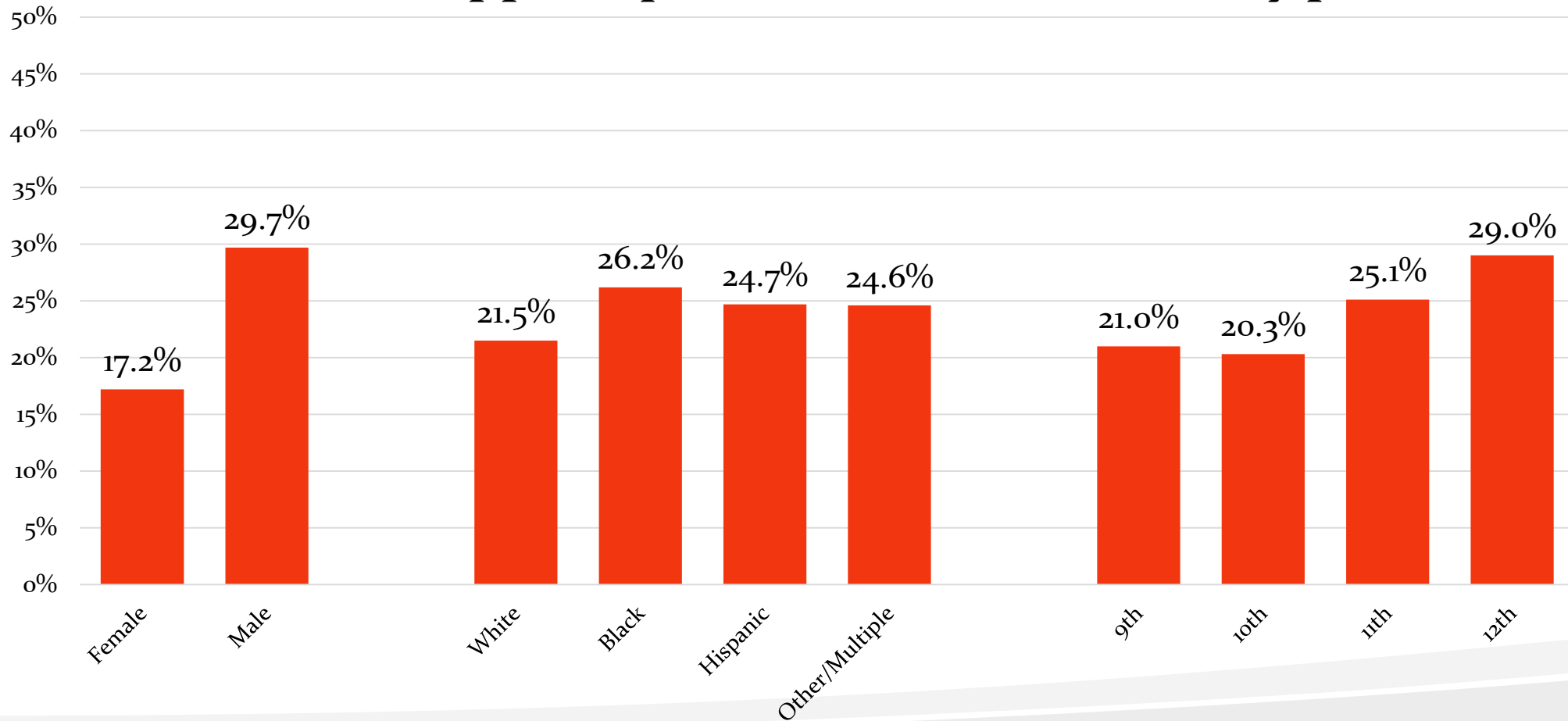
Information from YRBS – High School

Parent(s) or guardians have been in prison or jail



Information from YRBS – High School

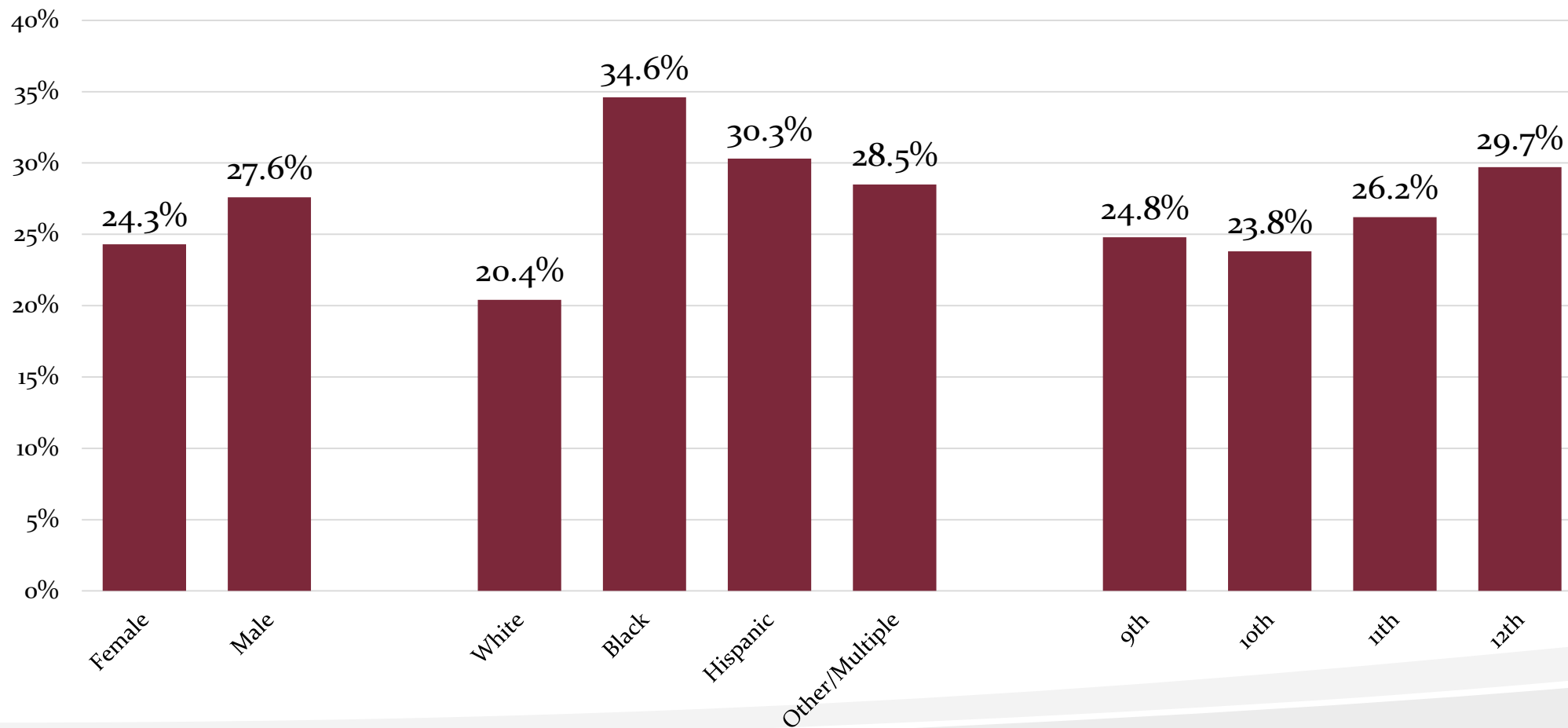
Had been stopped, questioned, or searched by police





Information from YRBS – High School

Described encounters with police as mostly negative or negative





Seriously Considered Attempting Suicide

- Cuyahoga County, 2017

In the past 12 months,

1 in 6 teens

seriously considered attempting
suicide

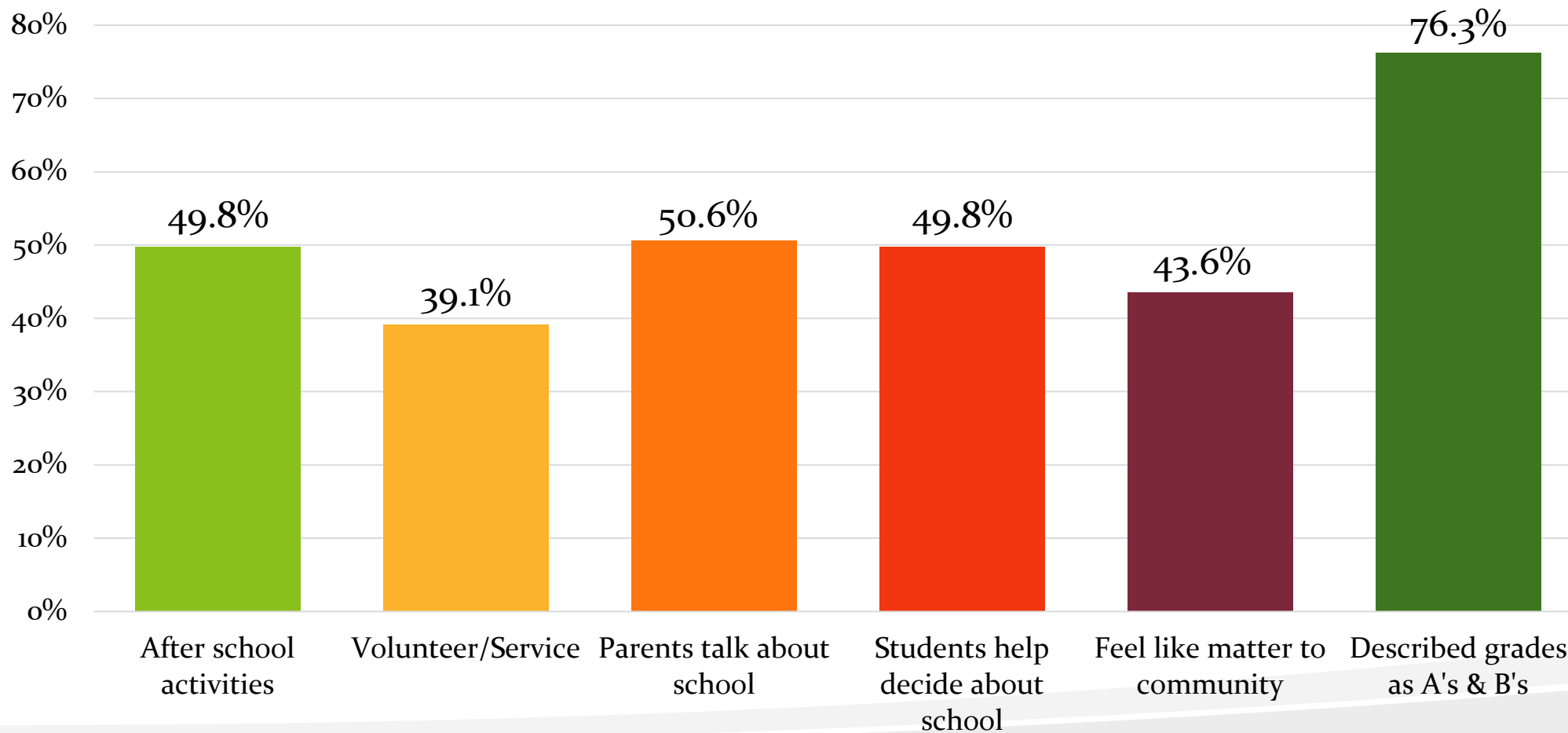




Brief Assets Scale

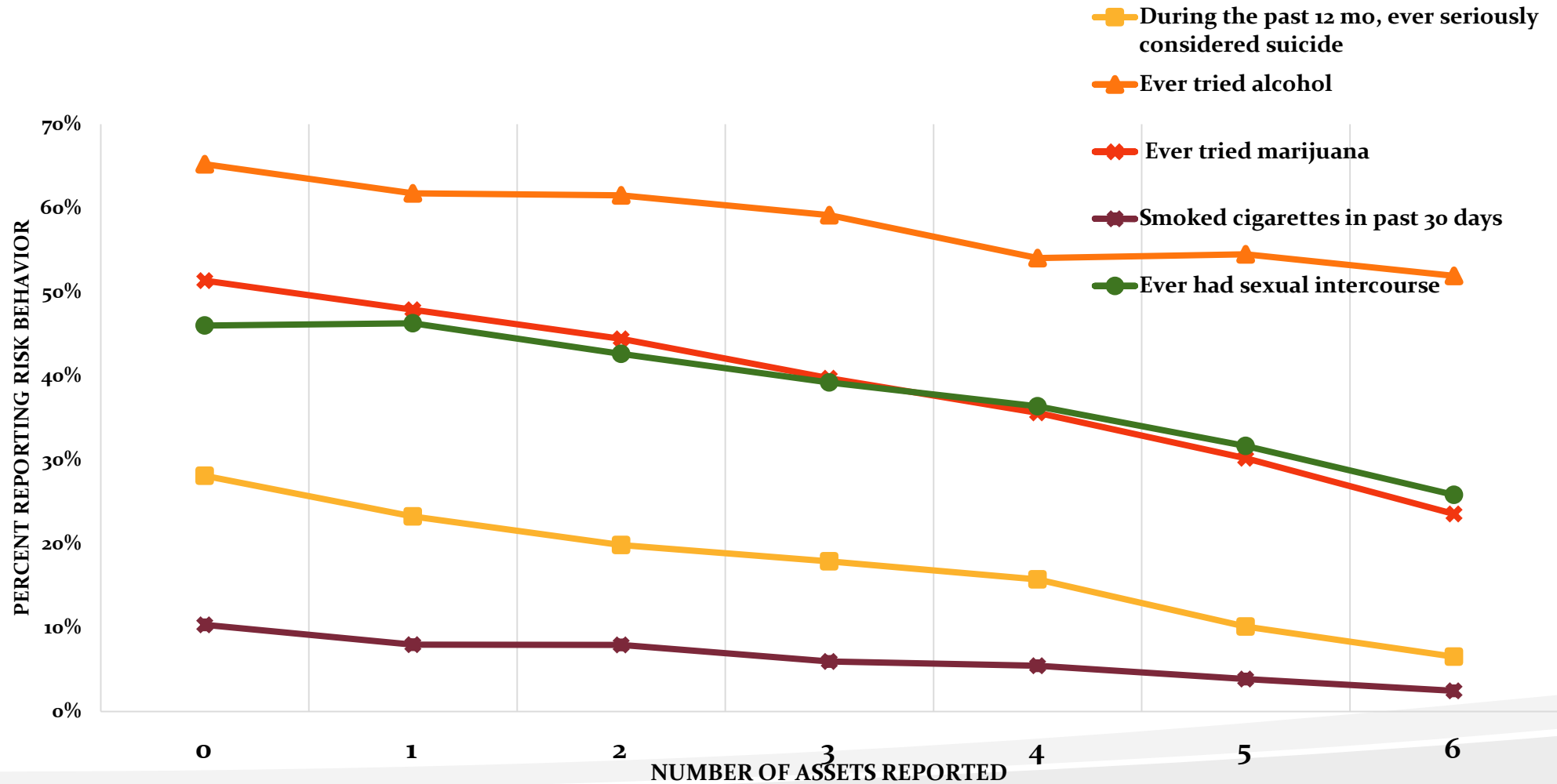
- After school/weekend activities
- Volunteer/service work
- Talk to parents about school almost everyday
- Agree that students help decide about school
- Agree that they matter in community
- Earns grades of A's and B's in school

Brief Assets Scale – High School





Health Risk Behavior and Assets – High School





Seriously Considered Attempting Suicide

- Cuyahoga County, 2017

In the past 12 months,

1 in 6 teens

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Opportunities: Project AWARE Ohio



Educational Service Center of Northeast Ohio:

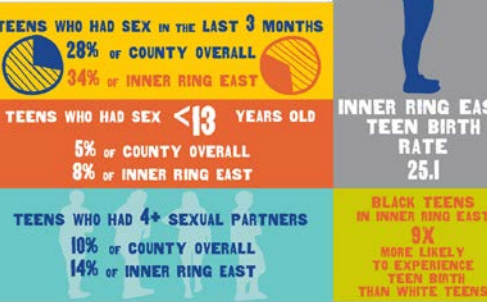
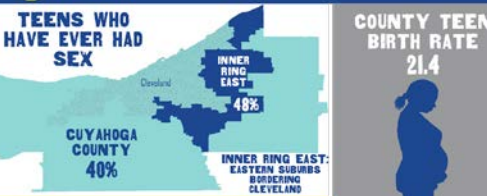
- One of 3 pilots in Ohio
- Supports schools and communities to:
 - Raise awareness of behavioral health issues among school-aged youth;
 - Provide training to detect and respond to mental health challenges and crisis in children and young adults; and
 - Increase access to behavioral health supports for children, youth and families.



ADAMHS Board -- Provider Trainings

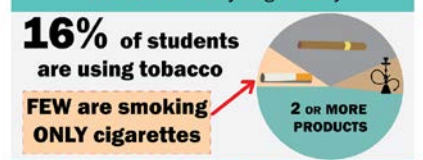
- To equip organizational providers with accurate, local adolescent data regarding priority areas
 - Bullying
 - Suicide
 - Substance Use

216 TEENS WHEN IT COMES TO SEX... TEENS IN CUYAHOGA COUNTY



FOR MORE INFORMATION: Contact County Center for Health, Cuyahoga County Board of Health's Youth Pregnancy Prevention Program, 216-201-3000 ext. 1522
 OR VISIT US AT: WWW.216TEENS.ORG

YOUTH SMOKING Tobacco Use in Cuyahoga County



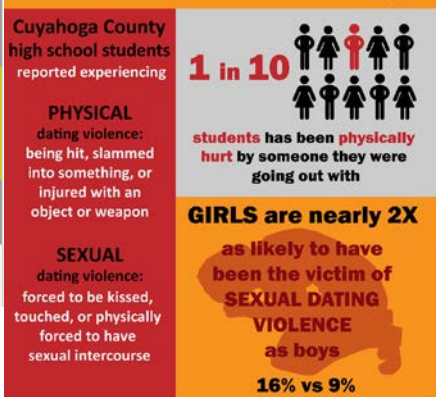
Find youth smoking resources at: <https://teen.smokefree.gov> and 1-800-QUIT-NOW

Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>

TIME Magazine has named the #MeToo movement as its Person of the Year. Did you know that 13% of Cuyahoga County high school students have been forced to do sexual things by someone they were dating or going out with?

Data taken from the Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University.

Dating Violence Happens Among Youth Too



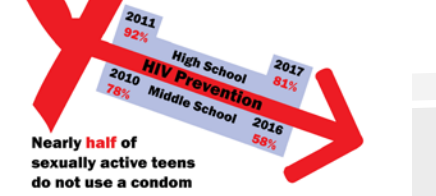
1 in 5 LGB students has been forced to do sexual things by someone they were dating

lesbian
gay
bisexual

THE HURT STOPS NOW
 find resources at: <https://216teens.org/resources> or dial 216-391-HELP

Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>

Fewer Cuyahoga County students are being taught HIV prevention than in the past



Data taken from the Cuyahoga County Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>

Los Síntomas Depresivos en el Condado de Cuyahoga 2017



¿Ve Algo? Diga Algo:

- Síntomas que Buscar:**
- Perdida de esperanza
 - Cambios en los Hábitos de Sueños
 - Cambios en el Movimiento
 - Dolores Físicos
 - Falta de Interés
 - Falta de Concentración
 - Baja Autoestima
 - Perdida de Energía
 - Cambios en el Apetito
- Recursos:**
 ADAMHS Board of Cuyahoga County
www.adamhsc.org
 216.241.3400
- National Alliance on Mental Illness
 Diverse Communities Program
www.nami.org OR espanol.nami.org
- Oscar Hispanic Clinic (Services for Children and Adolescents)
 216.778.2222

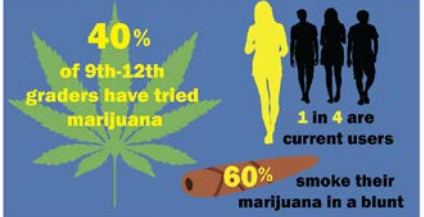
Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>



80% of Cuyahoga County high school students sleep less than 8 hours on an average school night.
Is your teen getting enough sleep?

Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University.

High School Substance Use Alcohol and Drugs in Cuyahoga County



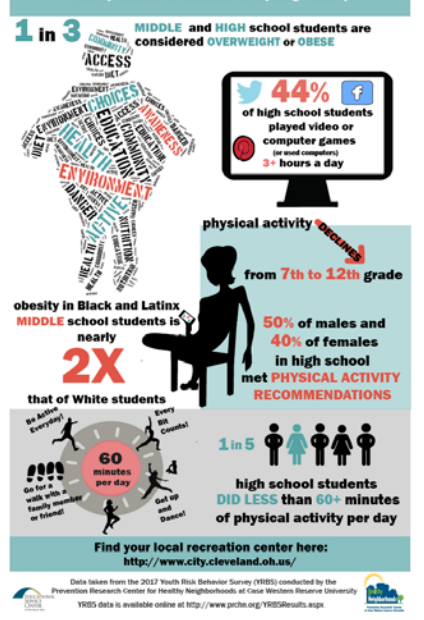
Find youth drug and alcohol resources at: <https://216.teens.org/resources> or dial 2-1-1

Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>

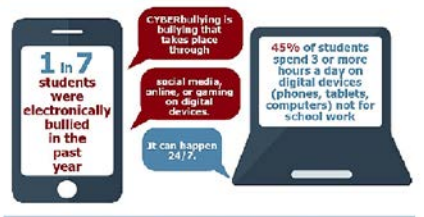
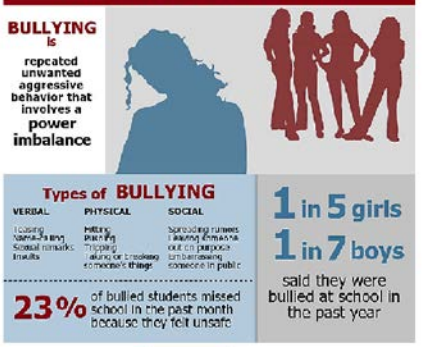
Only 1 of 4 high school students RARELY or NEVER wear a helmet



Weight Status & Physical Activity



Are Cuyahoga County High School Students Bullied?



Find bullying prevention resources at: StopBullying.gov

Data taken from the 2017 Youth Risk Behavior Survey (YRBS) conducted by the Prevention Research Center for Healthy Neighborhoods at Case Western Reserve University. YRBS data is available online at <http://www.pcrhs.org/YRBSResults.aspx>



Supported By:

This presentation is a product of a Health Promotion and Disease Prevention Research Center supported by Cooperative Agreement Number 1U48DP005030 from the Centers for Disease Control and Prevention and funded either in whole or in part by Cooperative Agreement #U87PS004165-02 from the U.S. Centers for Disease Control and Prevention, Division of Adolescent School Health (CDC-DASH). It is also generously supported by the ADAHMS Board of Cuyahoga County, the Educational Service Center of Northeast Ohio, the Cleveland Foundation, the George Gund Foundation, and the Sisters of Charity Foundation.

CWRU IRB Protocol #2012-274



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Prchn.org/yrbsresults.aspx

